

2024 Men's Meet - Schedule (as of 12/22/23)

SESSION	DATE	TIME	LEVEL
А	Friday, January 12	Check-In: 8:05 AM Awards: 12:00 PM	L8 (All ages)
В	Friday, January 12	Check-In: 12:45 PM Awards: 4:25 PM	L9 (14-15 yr olds)
c 💥	Friday, January 12	Check-In: 5:10 PM Awards: 8:50 PM	L7 (12-13 yr olds) & L9 (16+ yr olds)
D	Saturday, January 13	Check-In: 8:05 AM Awards: 12:05 PM	L10 (16-17 yr olds)
E	Saturday, January 13	Check-In: 12:50 PM Awards: 4:25 PM	L10 (18+ yr olds)
53 rd Windy City Invitational	Saturday, January 13	Doors open 6:00 PM Meet at 7:00 PM	Men's NCAA & Winter Cup Elite Qualifiers
F	Sunday, January 14	Check-In: 8:05 AM Awards: 11:45 AM	L7 (14+ yr olds)
G	Sunday, January 14	Check-In: 12:30 PM Awards: 4:25 PM	L5D1 (13+ yr olds), L5D2 (All ages), L6D1 (All ages), & L6D2 (All ages)
Н	Sunday, January 14	Check-In: 5:10 PM Awards: 8:50 PM	L5D1 (8-12 yr olds)
I	Monday, January 15	Check-In: 8:00 AM Awards: 12:15 PM	L4D1 (All ages) & L4D2 (All ages)
J	Monday, January 15	Check-In: 1:00 PM Awards: 4:25 PM	L3D1 (All ages) & L3D2 (All ages)

Men's age group determinations are based on athlete's age as of 12/31/2024

All men's sessions are Capital Cup format



2024 Women's Meet – Schedule (as of 12/22/23)All sessions are Modified Capital Cup for Gym A, except A05 is Modified Traditional

Gym A

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SESSION	DATE	CHECK-IN	AWARDS	LEVEL			
A01	Friday, January 12	8:00 AM	12:05 PM	L7			
A01 TEAMS	Eagles, Infinity, La	Eagles, Infinity, Lakeshore Academy MP, MEGA, Oak Park, OGI, OLPD, PGC, Prm West, r-athletics, Tumble U Gymnastics					
	adilectes, idilible o dyninastics						
A02	Friday, January 12	12:50 PM	4:15 PM	L7			
A02 TEAMS	Air Force, UGA-O		ics, Excel Gym, GLG, I-Power	, LSA, STC,			
		Stuck Gymnastics, TAGSEP, Wilmette					
A03	Friday, January 12	5:10 PM	8:55 PM	L8			
A03 TEAMS			G, IEG, Infinity, Lakeshore A Tumble U Gymnastics, OGI, C				
	LSA, MEGA, FGC, FIII	T West, T defleties, TAGSET,	idilible o dyllillastics, odi, c	LI D, Willinette			
A04	Saturday, January 13	8:00 AM	11:30 AM	L9			
A04 TEAMS	Air Force, Chicago Park Dist, UG		GI, OLPD, Prm West, PGC, r-a				
	Railisey, Lakes	shore Academy MP, MLGA, Oc	31, OLPD, Pilli West, PGC, 1-6	auneucs			
A05	Saturday, January 13	12:15 PM	3:30 PM	L10			
A05 TEAMS	Air Force, DMG0	C, IEG, I-Power, Kokomotion, PGC, Prm West, r-a	Lakeshore Academy MP, MEC	GA, OMG,			
		PGC, PIIII West, 1-a	uneucs, 51C				
53 rd Windy City Invitational	Saturday, January 13	Doors open 6:00 PM	Meet at 7:00 PM	Men's NCAA			
A06	Sunday, January 14	8:00 AM	11:45 AM	L6			
			nity, Jam Hops Ramsey, MEGA				
A00 ILANS	A06 TEAMS And TEAMS r-athletics, STC, Stuck Gymnastics, TAGSEP, Tumble U Gymnastics, Wilmette						
A07	Sunday, January 14	12:30 PM	3:55 PM	L6			
A07 TEAMS		CGA, Eagles, GLG, IEG, I-Power, Lakeshore Academy MP, Kokomotion, OLPD, Prm West					
	2.5. 1.2 Cory Eugles, CEO, 2.5, 1. orio, Euresioie reducing 111, noncombust, CEI 5, 11111 West						
A08	Sunday, January 14	4:45 PM	8:45 PM	L4 & L5			
A08 TEAMS			/ MP, LSA, Oak Park, OMG, W				
	L5: Hartland Gymnast	ICS, IEG, I-POWER, LSA, MEGA	, Oak Park, OLPD, PGC, r-ath	ietics, wiimette			
A09	Monday, January 15	8:00 AM	12:00 PM	L4			
A09 TEAMS	Hartland Gymnastics, I-Power, Jam Hops Ramsey, MEGA, OLPD, Prairie,						
Prm West, r-athletics, Tumble U Gymnastics							
A10	Monday, January 15	12:45 PM	3:30 PM	L3			
A10 TEAMS	CGA, GLG, Hartland Gymnastics, IEG, Prairie, Oak Park, Tumble U Gymnastics						



2024 Women's Meet — Schedule (as of 1/8/24)All sessions are Modified Capital Cup for Gym B, except B03 is Modified Traditional

Gym B

SESSION	DATE	CHECK-IN	AWARDS	LEVEL		
B01	Friday, January 12	8:05 AM	11:55 AM	XP		
B01 TEAMS	UGA-Oviedo, CGA, DMGC, Excel Gym, Hartland Gymnastics, IGC, IK, Infinity, I-Power, Lakeshore Academy MP, Oak Park, OLPD, Prairie, Scamps Gymnastics					
B02	Friday, January 12	12:40 PM	4:25 PM	XP		
B02 TEAMS	Bloomfield, Chicago Park District, GLG, MEGA, N Branch Jr. Vikings, Rising Starz, Salto, SSMGC, STC, Stuck Gymnastics, Tumble U Gymnastics, Wilmette					
B03	Friday, January 12	5:10 PM	8:10 PM	XD & XSA		
B03 TEAMS	XD: UGA-Oviedo, Chicago Park Dist., IK, Infinity, I-Power, MEGA, OMG, Rising Starz, Salto, STC, Tumble U Gymnastics, Wilmette XSA: OMG					
			710			
B04	Saturday, January 13	8:10 AM	11:15 AM	XS		
B04 TEAMS	Hartland Gymnastics, I-Power, NSYMCA, Prairie, Salto, Scamps Gymnastics, SSMGC, Stuck Gymnastics, Wilmette					
B05	Saturday, January 13	12:00 PM	3:05 PM	XS		
B05 TEAMS	Bloomfield, CGA, Chicago Park Dist, DMGC, Jam Hops Ramsey, Lakeshore Academy MP, MEGA, N Branch Jr. Vikings, Oak Park					
53 rd Windy City Invitational	Saturday, January 13	Doors open 6:00 PM	Meet at 7:00 PM	Men's NCAA		
B06	Sunday, January 14	8:00 AM	12:00 PM	XG		
B06 TEAMS	CGA, GLG, Jam Hops Ramsey, Lakeshore Academy MP, Kokomotion, OLPD, Rising Starz, Scamps Gymnastics					
B07	Sunday, January 14	12:45 PM	4:45 PM	XG		
B07 TEAMS	UGA-Oviedo, Chicago Park Dist, DMGC, Hartland Gymnastics, IGC, I-Power, Prairie, Salto, SSMGC, Tumble U Gymnastics					
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B08	Sunday, January 14	5:30 PM	9:30 PM	XG		
B08 TEAMS	Bloomfield, Excel Gym, IK, MEGA, N Branch Jr. Vikings, NSYMCA, Oak Park, Stuck Gymnastics, Wilmette					
B09	Monday, January 15	9:00 AM	11:00 AM	XB & L2		
B09 TEAMS	XB: DMGC, Jam Hops Ramsey, Kokomotion, NSYMCA, Oak Park, Prairie, Salto L2: CGA, Lakeshore Academy MP, Tumble U Gymnastics					
B10	Monday, January 15	11:45 AM	2:45 PM	L3		
B10 TEAMS	Infinity, I-Power, Lakeshore Academy MP, LSA, MEGA, Prm West, Wilmette					